



Grand Master Hwang's International Taekwon-Do Summer Camp (Since 1972)



Monday, July 12th through Sunday, July 18th, 2010
Coldbrook Campground • Barre, Massachusetts USA
Unified-ITF

101 Birch Mountain Road • Manchester, Connecticut USA 06040

For more information: Phone 1-860-716-7777 • Fax 860-649-6193 • www.unified-itf.com

MASTER PLAN AND FACILITIES

1. Taekwon-Do Training

- Taekwon-Do Tuls
- Sparring (one step and free)
- Power breaking
- Taekwon-Do Theory of Power
- Self Defense
- Introductory Brazilian Jujitsu

2. Three Days

Certified Instructor and Referee Courses
(*Friday, Saturday & Sunday*)

3. Two Days - Weekend Camp

4. Special activities and games

5. Meal plan

3 meals served daily buffet style

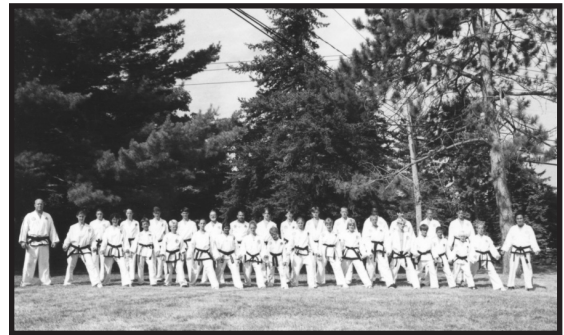
6. Facilities

Coldbrook Campground
864 Old Coldbrook Road
Barre, MA 01005
telephone: 978-355-2090
www.coldbrookcountry.com

7. Bring your own tent or request a tent mate.

8. Transportation

- For the convenience of working parents campers may be dropped off on Sunday July 11th 3 P.M.-5 P.M. No dinner will be served.
- Shuttle Vans from Hartford (Bradley Airport) to the camp site available.
Please make reservations for your ride by June 23rd (\$50.00 round trip)
- Children's pick up time Friday, July 16th is between 12 Noon and 1 P.M or Sunday, July 18th, 12:00 Noon.



Ask your instructor for an application and a Coldbrook Campground Brochure